

2019 Men 100 Meter Dash

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Name	Yr Team	Time	Wind
1 Brian Andrae	51	14.01	NWI
1 Joe Ryder	59	15.46	NWI
2 Joe Morgan	59	15.74	NWI
3 Scott Reed	57	15.82	NWI
4 John Foss	55	16.00	NWI
5 Robert Brehmer	58	42.61	NWI
1 Brian Fawcett	60	14.83	NWI
2 Joseph Cosgrave	61	15.42	NWI
1 Robert Donaldson	65	15.40	NWI
2 Billy Potter	67	16.03	NWI
3 Dennis Langdon	65	17.02	NWI
1 Dan Hansman	74	15.85	NWI
2 Rod Speidel	70	16.87	NWI
3 Bill Dwyer	73	17.89	NWI
4 Cecil Roth	74	31.84	NWI

1 Dennis Woods	76	23.67	NWI
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1 Lee Stopoulos	80	18.07	NWI
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1 Delmar Smith	81	30.73	NWI
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Quad Cities Senior Olympics

06/24/19 – 06/29/19

Augustana Roy J. Carver PE Center

Men 1500 Meter Run

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55			
Age Groups 56 - 59	John Thompson 5:42.28	Scott Reed 7:39.17	
Age Groups 60 - 64	Bob Thompson 6:20.86	Ron Pausback 7:04.82	
Age Groups 65 - 69	Dennis Langdon 6:13.43	Larry Best 7:34.64	Larry Jones 7:39.26
Age Groups 70 - 79	James Knorr 8:41.52		
Age Groups 80 -			

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
	John Thompson 5:42.28	Bob Thompson 6:20.86	Dennis Langdon 6:13.43	James Knorr 8:41.52	John McGinty 21:41.28
	Scott Reed 7:39.17	Ron Pausback 7:04.82	Larry Best 7:34.64		
			Larry Jones 7:39.26		

2019 Men 200 Meter Dash

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Name	Yr Team	Time	Wind
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1 Joe Ryder	59	33.26	NWI
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2 Scott Reed	57	33.81	NWI
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3 John Foss	55	34.67	NWI
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1 Robert Donaldson	65	32.88	
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2 Dennis Langdon	65	37.08	NWI
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3 Larry Best	65	39.57	NWI
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1 Dan Hansman	74	36.67	NWI
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2 Bill Dwyer	73	39.16	NWI
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3 James Knorr	74	50.49	NWI
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4 Cecil Roth	74	1:03.57	NWI
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1 Dennis Woods	76	48.29	NWI
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1 Lee Stopoulos	80	43.26	NWI
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2 Delmar Smith	81	1:28.22	NWI
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2019 Men 3000 Meter Run

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Name	Yr Team	Time
1 John Thompson	55	12:25.65
2 Scott Reed	57	18:40.22
1 Bob Thompson	62	13:37.70
2 Dennis Langdon	65	14:57.61

2019 Men 400 Meter Dash

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Name	Yr Team	Time	H#
1 Scott Reed	57	1:13.84	1
2 Doug Arndt	55	1:15.60	1
3 Joe Morgan	59	1:23.04	1
1 Joseph Cosgrave	61	1:13.70	1
1 Dennis Langdon	65	1:15.90	1
2 Larry Best	65	1:34.18	1
1 Bill Dwyer	73	1:37.59	2
2 James Knorr	74	1:57.16	2
9 Delmar Smith	81	3:55.74	2

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Men 50 Meter Dash

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Brian Andrae 7.39		
Age Groups 56 - 59	Robert Wolfenberger 7.54	Joe Morgan 7.91	Scott Groenke 7.96
Age Groups 60 - 64			
Age Groups 65 - 69			
Age Groups 70 - 79			
Age Groups 80 -			

Full Race results

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
Brian Andrae 7.39	Robert Wolfenberger 7.54				
	Joe Morgan 7.91				
	Scott Groenke 7.96				
	Scott Reed 8.10				
	Robert Brehmer 8.18				
	John Foss 8.39				
	Joe Ryder 8.50				
	Joe Casillas 8.85				

Men 800 Meter Run

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Name	Yr Team	Time
1 John Thompson	55	2:44.54
2 Doug Arndt	55	3:07.96
3 Scott Reed	57	4:23.10
1 Bob Thompson	62	3:13.87
1 Dennis Langdon	65	2:57.48
2 Larry Best	65	3:39.52
3 Larry Jones	67	3:48.99
1 James Knorr	74	4:30.26
1 Dennis Woods	76	6:20.85
1 Delmar Smith	81	8:45.36

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High Jump Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Brian Andrae 4'2"		
Age Groups 56 - 59	Wade Sorenson 4'6"	Mark Roberts 4'4"	Jeff Stephens 4'6"
Age Groups 60 - 64	Brian Fawcett 4'	Ron Pausback 3'8"	David Rainey 4'0"
Age Groups 65 - 69	Billy Potter 3'6"	Robert Donaldson 3'2"	Larry Best 3'
Age Groups 70 - 79	Rod Speidel 3'4"		

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
	Doug Arndt 4'0"	Michael Martin 3'8"			

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Javelin Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Troy Bellrichard		
Age Groups 56 - 59	Wade Sorenson	Dennis Lehr	
Age Groups 60 - 64	Jeff Johannsen	Randy Frazier*****	
Age Groups 65 - 69	Wayne Renner	Rick Nelson	Charles Warren
Age Groups 70 - 74	Rod Speidel	Stanley Szydowski	William Butzin
Age Groups 75 - 79	Gerald Allison		
Age Group 80 – 81	Delmar Smith	Bud Smith	
Age Group 85 – 89	Bill Park		
Age Group 90	Ralph Whiteman		

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
			4 th Gary Regenwether		

			5th Robert Donaldson		
			6th Nelson Lay		

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Long Jump Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Brian Andrae		
Age Groups 56 - 59	Dennis Lehr	John Foss	Joe Morgan
Age Groups 60 - 64	Brian Fawcett	David Rainey	Randy Fraizer
Age Groups 65 - 69	Billy Potter	Larry best	Robert Donaldson
Age Groups 70 – 74	Dan Hansman	Rod Speidel	
Age Groups 80 – 84	Lee Stopoulos		

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Pole Vault Men's

Bracket	Gold	Silver	Bronze
Age Groups 56 - 59	David Gilbert 12'6.5	Joe Casillas 7'	
Age Groups 70 - 79	Rod Speidel 7'		

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Shot Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Troy Bellrichard		
Age Groups 56 - 59	Dennis Lehr	Joe Casillas	Scott Reed
Age Groups 60 - 64	Jeff Carl	Kent Carl	Bud Smith
Age Groups 65 - 69	Rick Nelson	Charles Warren	Wayne Renner
Age Groups 70 - 74	Bob Sager	Cecil Roth	William Butzin
Age Groups 75 – 79	Gerald Allison		
Age Group 80 – 84	John Manning	Don Amery	Bud Smith
Age Group 85 – 89	Bill Park		
Age Group 90	Ralph Whiteman		

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
			4 th Robert Donaldson	4 th Rod Speidel	
			5 th Gary Regenwether	5 th Jack Frazelle	

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Standing Long Jump Men

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Brian Andrae		
Age Groups 56 - 59	Joe Rider	Scott Groenke	Joe Morgan
Age Groups 60 - 64	David Rainey	Brian Fawcett	Randy Frazier
Age Groups 65 - 69	Charles Warren	Robert Donaldson	Billy Potter
Age Groups 70 – 74	Rod Speidel	Dan Hansman	
Age Groups 90	Ralph Whiteman		

Age Groups 50 - 55	Age Groups 56 - 59	Age Groups 60 - 64	Age Groups 65 - 69	Age Groups 70 - 79	Age Group 80 -
	4 th Joe Casillas	4 th Michael Martin	4 th Larry Best		
	5 th Doug Arndt				

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Triple Jump Men's

Bracket	Gold	Silver	Bronze
Age Groups 50 - 55	Brian Andrae		
Age Groups 56 - 59	Dennis Lehr		
Age Groups 60 - 64	Brian Fawcett	Randy Frazier	
Age Groups 65 - 69	Billy Potter		
Age Groups 70 - 79	Rod Speidel		