

Heat Sheet 2021 Senior Olympics Swim Meet, Augustana Pool, Rock Island, Ill., July 31, 2021 at 10 a.m.

LANE 1 LANE 2 LANE 3 LANE 4 LANE 5 LANE 6

100 Fly:

HEAT 1

HEAT 2

Diving Board

Don't use

Warm-up,

Cool-down

ONLY

200 Free:

HEAT 1

HEAT 2

HEAT 3

Scott Reed

Bruce Bufe

50 Breast:

HEAT 1

HEAT 2

HEAT 3

Margery Franklin

Ruth Johnson

James Bivens

Doug Forsberg

Ralph Whiteman

50 Free:

HEAT 1

HEAT 2

HEAT 3

HEAT 4

HEAT 5

James Bivens

Scott Reed

Norm Bower

Doug Forsberg

100 Back:

HEAT 1

HEAT 2

HEAT 3

Ruth Johnson

Norm Bower

LANE 1

LANE 2

LANE 3

LANE 4

LANE 5

LANE 6

100 Ind. Med.

HEAT 1

Norm Bower

Diving Board

Warm-up,

Don't use

Cool down

ONLY

HEAT 2

100 Free:

HEAT 1

Bruce Bufe

Scott Reed

James Bivens

HEAT 2

HEAT 3

50 BACK:

HEAT 1

Scott Reed

Norm Bower

Bruce Bufe

James Bivens

HEAT 2

Ralph Whiteman

Margery Franklin

Ruth Johnson

Kenneth Carlson

HEAT 3

HEAT 4

100 BREAST:

HEAT 1

Doug Forsberg

HEAT 2

50 Fly:

HEAT 1

HEAT 2

500 Free:

HEAT 1

Ruth Johnson

Kirby Winn

HEAT 2

(Fill all six lanes (X2) before adding another heat.)