

Quad Cities Senior Olympics

07/25/21 – 07/31/21

Augustana College

Bench Press

Bracket	Gold	Silver	Bronze
Age Groups 55 – 59	Patrick Morgan 1.25	Scott Groenke 1.09	
Age Groups 60 – 64	Joe Casillas 1.56 Overall Gold	John “Jack “Guzzo 1.45 Overall Bronze	
Age Groups 65 – 69	Charles Warren 1.36	Robert Haynes 1.13	
Age Groups 70 – 74	Ken Beach 1.49 Overall Silver		
Age Groups 75 - 79	Jack Frazelle .88		

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Weight Throw

Women

Bracket	Gold	Silver	Bronze
Age Groups 55 - 57	Crystal Carl		
Age Groups 65 – 69	Linda Rowe	Kay Glynn	
Age Groups 70 – 74	Martha Green		

Men

Bracket	Gold	Silver	Bronze
Age Groups OPEN	Alex Kazenko		
Age Groups 55 - 59	John Carl	Greg Theologes	
Age Groups 60 - 64	Dennis Lehr		

Age Groups 65 - 69	Jeff Johannsen	Billy Potter	Rick Nelson
Age Groups 70 – 74	Marvin Ripp	Rod Speidel	Gary Regenweather
Age Groups 75 – 79	Jim Neppi		
Age 80 – 84	Mike Cherry	Don Amery	
Age 85 – 89	Bud Smith		
Age 90	Ralph Whiteman		