

Throwing Pentathlon

QC Summer Games Augustana College 5/29/2026 Sunny, Dry, 86 degrees

First	Last	Sex	AGE	CITY	STATE	Wt	Event	1	2	3	Best	Points
Jon	Dahlin	M	44	Minneapolis	MN	16#	Hammer	51.03	54.92	51.30	54.92	831
						16#	Shot	10.00	10.07	10.27	10.27	571
						2K	Discus	37.23	42.50	42.61	42.61	734
						800g	Javelin	20.58	21.39	22.27	22.27	229
						35#	Weight	14.66	15.27	15.46	15.46	820
							Total					3185
Troy	Bellrichard	M	59	Spring Valley	MN	6K	Hammer	33.86	33.13	f	33.86	537
						6K	Shot	11.85	12.15	11.82	12.15	795
						1.5K	Discus	38.97	41.75	38.58	41.75	775
						700g	Javelin	31.66	31.41	34.20	34.20	528
						25#	Weight	11.94	12.91	12.78	12.91	667
							Total					3302
John	Carl	M	64	Fredericktown	MO	5K	Hammer	33.67	33.30	33.05	33.67	529
						5K	Shot	12.41	12.86	12.41	12.86	836
						1K	Discus	34.47	35.87	36.24	36.24	563
						600g	Javelin	23.74	f	27.35	27.35	405
						20#	Weight	13.98	f	13.47	13.98	682
							Total					3015

Kevin	Weitlauf	M	62	Louisville	KY	5K	Hammer	25.31	29.99	f	29.99	459
						5K	Shot	10.13	9.95	10.27	10.27	642
						1K	Discus	28.94	29.13	28.14	29.13	427
						600g	Javelin	23.07	23.08	22.84	23.08	321
						20#	Weight	9.66	f	9.52	9.66	436
							Total					2285
Thomas	Lapaille	M	66	Taylorsville	KY	5K	Hammer	f	31.77	f	31.77	553
						5K	Shot	11.46	11.62	11.65	11.65	821
						1K	Discus	34.83	36.80	39.53	39.53	702
						600g	Javelin	40.40	36.55	37.71	40.40	758
						20#	Weight	13.22	13.74	13.82	13.82	735
							Total					3569
Jeffrey	Carl	M	71	Sterling	IL	4K	Hammer	26.37	29.07	31.90	31.90	552
						4K	Shot	10.46	10.65	f	10.65	721
						1K	Discus	32.25	f	f	32.25	622
						500g	Javelin	23.38	18.72	16.84	23.38	390
						16#	Weight	14.19	f	f	14.19	710
							Total					2995
Patrick	Hauser	M	75	Lake Mills	WI	4K	Hammer	29.07	27.85	29.46	29.46	579
						4K	Shot	10.47	10.28	10.54	10.54	800
						1K	Discus	37.71	f	34.98	34.95	791
						500g	Javelin	23.21	f	27.37	27.37	567
						16#	Weight	11.94	12.12	11.16	12.12	656
							Total					3393

Rod	Speidel	M	77	Bettendorf	IA	4K	Hammer	f	20.57	20.79	20.79	375
						4K	Shot	8.12	7.92	8.02	8.12	587
						1K	Discus	24.77	23.97	24.57	24.77	518
						500g	Javelin	23.24	22.52	20.43	23.24	460
						16#	Weight	7.10	8.30	8.29	8.30	414
							Total					2354
Ralph	Whitman	M	98	Monmouth	IL	3K	Hammer	10.05	p	p	10.05	311
						3K	Shot	f	5.12	p	5.12	532
						1K	Discus	Withdrew				
						400g	Javelin					
						12#	Weight					
							Total					
Julianna	Jones	F	23	Sherrard	IL	4K	Hammer	f	29.16	29.39	29.39	381
						4K	Shot	7.81	6.46	6.89	7.81	387
						1K	Discus	30.14	29.73	28.57	30.14	465
						600g	Javelin	14.48	13.22	11.70	14.48	187
						20#	Weight	8.06	8.80	9.40	9.40	387
							Total					1807
Cheryl	Hall	F	59	Schofield	WI	3K	Hammer	20.77	16.75	18.91	20.77	360
						3K	Shot	8.77	9.14	8.60	9.14	614
						1K	Discus	22.44	22.18	20.52	22.44	502
						500g	Javelin	23.29	22.29	17.48	23.29	529
						12#	Weight	6.96	7.16	7.23	7.23	373
							Total					2378

Sharon	Sears	F	62	Chicago	IL	3K	Hammer	23.33	24.43	23.18	24.43	504
						3K	Shot	7.62	7.02	7.38	7.62	550
						1K	Discus	20.70	19.98	20.51	20.70	516
						500g	Javelin	16.87	f	16.73	16.87	411
						12#	Weight	6.04	7.03	7.96	7.96	383
							Total					2364
Crystal	Carl	F	63	Fredericktown	MO	3K	Hammer	20.40	22.22	22.29	22.29	451
						3K	Shot	7.22	7.38	7.15	7.38	528
						1K	Discus	14.33	14.15	14.64	14.64	336
						500g	Javelin	11.55	f	13.03	13.03	298
						12#	Weight	8.28	7.84	7.78	8.28	403
							Total					2016
Lori	Graff	F	63	Marienthal	KS	3K	Hammer	21.24	25.61	22.54	25.61	534
						3K	Shot	8.04	9.19	9.73	9.73	738
						1K	Discus	24.76	24.67	f	24.76	641
						500g	Javelin	13.16	13.43	13.06	13.43	310
						12#	Weight	10.48	11.30	f	11.30	587
							Total					2810
Alissa	Noguez	F	63	Simpsonville	SC	3K	Hammer	35.01	35.31	34.69	35.31	781
						3K	Shot	10.13	9.61	9.82	10.13	774
						1K	Discus	27.33	26.11	f	27.33	720
						500g	Javelin	17.54	19.35	19.03	19.35	485
						12#	Weight	11.89	11.67	10.44	11.89	623
							Total					3383

Jan	Unruh	F	64	Avon	IL	3K	Hammer	35.06	32.69	33.69	35.06	774
						3K	Shot	9.10	9.18	8.19	9.18	689
						1K	Discus	26.25	26.60	23.51	26.60	698
						500g	Javelin	17.69	16.11	20.20	20.20	510
						12#	Weight	f	12.28	f	12.28	647
							Total					3318
Teresa	Leiby	F	62	Rock Island	IL	3K	Hammer	f	f	23.72	23.72	487
						3K	Shot	6.22	p	p	6.22	426
						1K	Discus	14.11	p	p	14.11	321
						500g	Javelin	10.11	f	p	10.11	213
						12#	Weight	6.58	p	p	6.58	300
							Total					1747
Susan	Hallen	F	69	Elk Grove Village	IL	3K	Hammer	f	26.25	28.06	28.06	683
						3K	Shot	8.00	7.88	7.40	8.00	658
						1K	Discus	15.73	20.27	20.36	20.36	579
						500g	Javelin	11.82	10.67	12.79	12.79	338
						12#	Weight	f	10.22	10.53	10.53	611
							Total					2869

Ruth	Welding	F	70	Elk Grove Village	IL	3K	Hammer	29.84	f	26.60	29.84	847
						3K	Shot	6.42	5.87	6.58	6.58	591
						1K	Discus	16.62	18.52	18.06	18.52	596
						500g	Javelin	10.81	11.64	12.09	12.09	367
						12#	Weight	9.53	11.50	10.85	11.50	773
							Total					3174
Martha	Green	F	75	Des Moines	IA	2K	Hammer	19.13	19.22	19.78	19.78	441
						2K	Shot	5.70	5.66	5.88	5.88	463
						.75K	Discus	10.53	10.69	10.78	10.78	300
						400g	Javelin	8.64	f	8.69	8.69	247
						12#	Weight	f	6.42	6.98	6.98	397
							Total					1848