

**QC Summer Games Swimming Times-Records May 30, 2026- WOMEN**

Event	18-24	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89	90-94
<b>25 Free</b>															
<b>50 Free</b>	:29.45 Sydney Norman 2026				:24.99 Marien Arndt 2026	:33.19 Chris England 2009	:33.18 Stacey Zapolski 2019	:32.34 Luanne Beinke 2011	:35.2 Amy Groskopf 2022	:35.74 Amy Groskopf 2025	:44.80 Ruth Johnson 2004	:44.97 Ruth Johnson 2011	49.22 Ruth Johnson 2014	1:00.09 Ruth Johnson 2019	1:10.88 Ruth Johnson 2024
<b>100 Free</b>	1:10.19 Sydney Norman 2026					1:11.87 Peg Boothe 2013	1:16.43 Stacey Zapolski 2019	1:11.28 Luanne Beinke 2012	1:28.82 Deb Atteberry 2026	1:21.22 Amy Groskopf 2023	1:40.05 Marilyn McKee 1997	1:46.91 Ruth Johnson 2011	1:45.84 Ruth Johnson 2015	2:14.19 Ruth Johnson 2019	2:35.87 Ruth Johnson 2024
<b>200 Free</b>						2:39.00 Peg Boothe 2013	2:31.93 Luanne Beinke 2007	2:31.00 Luanne Beinke 2010	3:15.73 Deb Atteberry 2026	2:54.37 Amy Groskopf 2024	3:32.78 Ruth Johnson 2004	3:43.34 Ruth Johnson 2009	3:52.00 Ruth Johnson 2015	4:33.13 Ruth Johnson 2019	5:08.60 Ruth Johnson 2024
<b>500 Free</b>					8:25 Elizabeth Fox 2013	8:50.87 Elizabeth Fox 2016	6:29.46 Luanne Beinke 2005	6:35.94 Luanne Beinke 2010	8:05.0 Amy Groskopf 2022	8:39.37 Amy Groskopf 2023	10:00.54 Ruth Johnson 2004	10:09.88 Ruth Johnson 2009	10:56 Ruth Johnson 2014	12:25.62 Ruth Johnson 2019	14:03.71 Ruth Johnson 2024
<b>25 Back</b>															
<b>50 Back</b>					:39.69 Elizabeth Fox 2009	:46.40 C England 2009	:36.52 Luanne Beinke 2005	:36.95 Luanne Beinke 2009	:58.53 Marie Fraser 1993	:42.90 Regan Kenner 1992	:56.06 Marilyn McKee 1997	1:08.86 Glenda Sharp 2011	59.88 Ruth Johnson 2015	1:10.70 Ruth Johnson 2021	
<b>100 Back</b>	1:13.02 Sydney Norman 2026				1:22.10 Elizabeth Fox 2013	1:42.28 Tami Peck 2012	1:16.90 Luanne Beinke 2005	1:18.49 Tracy Henson 2026	2:14.89 Lucy White 2000	1:32.90 Regan Kenner 1992	1:56.67 Janis Hubel 2007	2:35.46 Glenda Sharp 2011	2:09.45 Ruth Johnson 2014	2:34.62 Ruth Johnson 2021	3:16.13 Ruth Johnson 2026
<b>25 Breast</b>															
<b>50 Breast</b>	36.90 Sara Appel 2026				:49.99 Elizabeth Fox 2009	:42.00 Peg Boothe 2013	:45.56 Susan Ludwig 2012	:44.94 L Bienke 2012	:45.0 Amy Groskopf 2022	:45.32 Amy Groskopf 2024	1:00.90 Hannelore Snyder 2004	1:01.37 H. Snyder 2006	1:29.07 Mary Lach 2014		
<b>100 Breast</b>					1:42.76 Elizabeth Fox 2013	1:47.69 Elizabeth Fox 2016	1:41.78 Susan Ludwig 2012	1:37.00 Luanne Bienke 2012	1:39.9 Amy Groskopf 2022	1:39.09 Amy Groskopf 2024	2:14.13 Hannelore Snyder 2004	2:20.49 H. Snyder 2006	3:40.06 Mary Lach 2014	4:36.72 Mary Lach 2018	
<b>25 Fly</b>	:32.50 Emily Henson 2026							:22.41 Stacey Zapolski 2026	:32.38 Martha Korneisel 2026	:32.38 Martha Korneisel 2026					
<b>50 Fly</b>					:39.88 Elizabeth Fox 2010	:36.31 Elizabeth Fox 2016	:39.91 Stacey Zapolski 2019	:38.84 Luanne Beinke 2010	:43.79 Sara Ryan 2026	:59.03 Ruth Johnson 2001		1:02.55 R Johnson 2009			
<b>100 Fly</b>	1:12.02 Emily Henson 2026				1:38.00 Elizabeth Fox 2010	1:26.28 Elizabeth Fox 2016	1:36.47 Stacey Zapolski 2019	1:29.06 Luanne Benke 2012	1:53.63 Sara Ryan 2026	1:53.63 Sara Ryan 2026					
<b>100 IM</b>					1:18.81 Elizabeth Fox 2013	1:27.84 Elizabeth Fox 2016	1:20.85 Luanne Beinke 2005	1:22.63 Luanne Beinke 2010	1:47.02 Penelope Kasper 2014	1:40.98 Amy Groskopf 2026	2:40.75 Glenda Sharp 2009	2:03.91 R Johnson 2011	2:10 Ruth Johnson 2014		